

WEEKLY MENU

Dish	Mon Mar 24	Tue Mar 25	Wed Mar 26	Thu Mar 27	Fri Mar 28	Sat Mar 29	Sun Mar 30
Lunch	Main Dish A ¥490 <small>Calories : 373 kcal Sodium : 2.3 g</small>	Hui Guo Rou - Twice-cooked Pork <small>Calories : 318 kcal Sodium : 5.1 g</small>	Bulgogi - Korean Grilled Beef <small>Calories : 234 kcal Sodium : 2.2 g</small>	Layered Steamed Pork with Citrus-seasoned Soy Sauce <small>Calories : 275 kcal Sodium : 1.5 g</small>	Cajun Grilled Chicken <small>Calories : 327 kcal Sodium : 2.3 g</small>	Closed	
	Main Dish B ¥490 <small>Calories : 273 kcal Sodium : 1.3 g</small>	Grilled Spanish Mackerel with Spices & Herbs <small>Calories : 162 kcal Sodium : 1.3 g</small>	Cod Meunière <small>Calories : 254 kcal Sodium : 1.5 g</small>	Grilled Mackerel with Salted Rice Malted <small>Calories : 226 kcal Sodium : 2.4 g</small>	Grilled Blue Grenadier with Tartar Sauce <small>Calories : 217 kcal Sodium : 1.6 g</small>		
	Bowl ¥500 <small>Calories : 603 kcal Sodium : 1.1 g</small>	Sauce on Shrimp Cutlet Bowl <small>Calories : 796 kcal Sodium : 1.8 g</small>	Meat, Seafood, & Vegetable Bowl with Starchy Sauce <small>Calories : 612 kcal Sodium : 1.8 g</small>	Bowl of Egg & Chicken Marinated with Teriyaki Sauce <small>Calories : 742 kcal Sodium : 2.2 g</small>	Pork Bowl with Garlic & Butter <small>Calories : 688 kcal Sodium : 2.1 g</small>		
	Curry ¥500 <small>Calories : 746 kcal Sodium : 3.3 g</small>	Chicken Cutlet Curry <small>Calories : 707 kcal Sodium : 3.5 g</small>	Deep-fried Squid Ring Curry <small>Calories : 726 kcal Sodium : 3.6 g</small>	Minced Meat Cutlet Curry <small>Calories : 742 kcal Sodium : 3.8 g</small>	Deep Fried Chicken Breast Tender Curry <small>Calories : 730 kcal Sodium : 3.7 g</small>		
Dinner	Main Dish A ¥490	Dinner Closed					
	Bowl or Curry ¥500						
Noodle	Udon/Soba ¥330 <small>Calories : 320 kcal Sodium : 3.9 g</small>	Udon/Soba <small>Calories : 320 kcal Sodium : 3.9 g</small>	Udon/Soba <small>Calories : 320 kcal Sodium : 3.9 g</small>	Udon/Soba <small>Calories : 320 kcal Sodium : 3.9 g</small>	Udon/Soba <small>Calories : 320 kcal Sodium : 3.9 g</small>		
	Ramen ¥500 <small>Calories : 587 kcal Sodium : 4.5 g</small>	Chanpon Noodles - Mixed with Vegetables & Seafood <small>Calories : 625 kcal Sodium : 3.4 g</small>	Tantanmen - Ramen in Spicy Soup with Ground Meat <small>Calories : 485 kcal Sodium : 4.4 g</small>	Tonkotsu Ramen (Pork Bone Broth) <small>Calories : 548 kcal Sodium : 3.8 g</small>	Stamina Ramen <small>Calories : 477 kcal Sodium : 4.3 g</small>		

Set Meal

800 yen (tax included) = Rice + Miso soup + Main dish + 2 Side dishes
 The total value of these items is equivalent to 950 yen!
 Enjoy a well-balanced meal at a great price!
 You can get a large serving of rice at no extra charge!
 (Please request at the counter.)

【How to Order the Set Meal】

- (1) Request "Set Meal A (or B)" at the counter.
- (2) Choose two side dishes.
- (3) Inform us of your preferred rice size (L, M, S).
- (4) Your set meal (rice, miso soup, main dish, and two side dishes) is ready!
- (5) Proceed to payment.



The menu may change depending on the ingredients supply situation.