

WEEKLY MENU



Dish	Mon Oct 28	Tue Oct 29	Wed Oct 30	Thu Oct 31	Fri Nov 1	Sat Nov 2	Sun Nov 3	
Lunch	Main Dish A ¥490 Calories : 396 kcal Sodium : 1.1 g	Teriyaki Chicken Calories : 512 kcal Sodium : 2.4 g	Chinjao Rosu - Stir-fried Beef with Bell Peppers Calories : 319 kcal Sodium : 1.3 g	Cream Stewed Chicken Calories : 319 kcal Sodium : 1.6 g	Stir-fried Pork and Mushrooms with Teriyaki Sauce Calories : 341 kcal Sodium : 0.5 g	Babaocai - Stir-fried Vegetables with Meat and Seafood Calories : 267 kcal Sodium : 2.0 g	Lemon Pepper Grilled Chicken Calories : 389 kcal Sodium : 1.3 g	
	Main Dish B ¥490 Calories : 240 kcal Sodium : 1.6 g	Red-fleshed Fish simmered with Grated Radish Calories : 142 kcal Sodium : 2.0 g	Miso-marinated Grilled Cod Calories : 271 kcal Sodium : 0.9 g	Grilled Salmon with Garlic Oil Calories : 251 kcal Sodium : 1.4 g	Simmered Beltfish with Ginger Calories : 252 kcal Sodium : 1.1 g	Curry-flavored Mackerel Meunière Calories : 154 kcal Sodium : 0.8 g	Grilled Red-fleshed Fish with Salt Calories : 118 kcal Sodium : 0.8 g	Simmered Flounder Calories : 118 kcal Sodium : 0.8 g
	Bowl ¥500 Calories : 709 kcal Sodium : 3.3 g	Katsu-meshi - Pork Cutlet on Rice Calories : 600 kcal Sodium : 1.5 g	Sauce on Shrimp Cutlet Bowl Calories : 729 kcal Sodium : 3.0 g	Pork Bowl Calories : 762 kcal Sodium : 2.7 g	Yakitori -Grilled Chicken Bowl Calories : 745 kcal Sodium : 2.6 g	Loco Moco Bowl -Hawaiian dish with Hamburger patty, Egg, and Gravy Calories : 652 kcal Sodium : 1.5 g	Stamina Pork Bowl Calories : 661 kcal Sodium : 1.8 g	Hayashi Rice - Japanese-style Hashed Beef with Rice Calories : 745 kcal Sodium : 2.6 g
	Curry ¥500 Calories : 909 kcal Sodium : 7.4 g	Sunny Side Up Curry Calories : 987 kcal Sodium : 7.9 g	Beef Croquette Curry Calories : 927 kcal Sodium : 7.6 g	Deep Fried Chicken Breast Tender Curry Calories : 939 kcal Sodium : 7.7 g	Ham Cutlet Curry Calories : 862 kcal Sodium : 5.9 g	Minced Meat Cutlet Curry Calories : 902 kcal Sodium : 5.3 g	Pork Cutlet Curry Calories : 826 kcal Sodium : 5.6 g	Vegetable Croquette Curry Calories : 826 kcal Sodium : 5.6 g
Dinner	Main Dish A ¥490 Calories : 281 kcal Sodium : 1.2 g	Yanagawa -style simmered beef Calories : 318 kcal Sodium : 1.1 g	Grilled Chicken with Sansho Pepper Calories : 350 kcal Sodium : 1.2 g	Yangnyeom Chicken - Korean Spicy Fried Chicken Calories : 303 kcal Sodium : 1.3 g	Gabuuma - Munchy Delicious Ham Cutlet Calories : 309 kcal Sodium : 3.5 g	Himeji -style Oden Calories : 475 kcal Sodium : 1.3 g	Spicy Chili Squid Calories : 295 kcal Sodium : 1.0 g	
	Bowl or Curry ¥500 Calories : 909 kcal Sodium : 7.4 g	Sunny Side Up Curry Calories : 600 kcal Sodium : 1.5 g	Sauce on Shrimp Cutlet Bowl Calories : 927 kcal Sodium : 7.6 g	Deep Fried Chicken Breast Tender Curry Calories : 762 kcal Sodium : 2.7 g	Yakitori -Grilled Chicken Bowl Calories : 862 kcal Sodium : 5.9 g	Minced Meat Cutlet Curry Calories : 652 kcal Sodium : 1.5 g	Loco Moco Bowl -Hawaiian dish with Hamburger patty, Egg, and Gravy Calories : 652 kcal Sodium : 1.5 g	Vegetable Croquette Curry Calories : 826 kcal Sodium : 5.6 g
Noodle	Udon/Soba ¥330 Calories : 450 kcal Sodium : 2.7 g	Udon/Soba Calories : 450 kcal Sodium : 2.7 g	Udon/Soba Calories : 450 kcal Sodium : 2.7 g	Udon/Soba Calories : 450 kcal Sodium : 2.7 g	Udon/Soba Calories : 450 kcal Sodium : 2.7 g	Udon/Soba Calories : 450 kcal Sodium : 2.7 g	Udon/Soba Calories : 450 kcal Sodium : 2.7 g	
	Ramen ¥500 Calories : 554 kcal Sodium : 5.0 g	Chanpon Noodles - Mixed with Vegetables and Seafood Calories : 515 kcal Sodium : 5.3 g	Shoyu Ramen (Soy Sauce Broth) Calories : 525 kcal Sodium : 2.7 g	Shio Ramen (Salt Broth) Calories : 552 kcal Sodium : 4.5 g	Tonkotsu Ramen (Pork Bone Broth) Calories : 540 kcal Sodium : 6.0 g	Miso Ramen Calories : 587 kcal Sodium : 3.8g	Tonkotsu Shoyu Ramen (Pork Bone and Soy Sauce Broth) Calories : 525 kcal Sodium : 2.7 g	Shio Ramen (Salt Broth) Calories : 525 kcal Sodium : 2.7 g

Notice to All: While the main ingredients are listed above each dish, please be aware that there may be additional ingredients not explicitly detailed. We strive to accommodate dietary preferences and restrictions, including vegetarian and religious considerations. However, we apologize for any uncertainties about specific ingredients. If you have any dietary concerns, please ask our staff for more detailed information.

Set Meal

800 yen (tax included) = Rice + Miso soup + Main dish + 2 Side dishes
 The total value of these items is equivalent to 950 yen!
 Enjoy a well-balanced meal at a great price!
 You can get a large serving of rice at no extra charge!
 (Please request at the counter.)



*The photo is an image.

【How to Order the Set Meal】

- (1) Request "Set Meal A (or B)" at the counter.
- (2) Choose two side dishes.
- (3) Inform us of your preferred rice size (L, M, S).
- (4) Your set meal (rice, miso soup, main dish, and two side dishes) is ready!
- (5) Proceed to payment



The menu is subject to change due to availability.